

Smashed Chickpea and Olive Salad | bites out of life

Adapted from [Smitten Kitchen](#) and Tom Colicchio

- 1/2 cup spicy marinated olives, roughly chopped
- 15-ounce can chickpeas, drained and rinsed
- 1/4 medium red onion, finely chopped
- juice of one lemon (can also add zest if desired)



1) Toss all of the ingredients in a medium-large bowl. Add salt and pepper.

2) Using the back of a fork or a potato smasher, mash the salad so that the chickpeas open up (but avoid creating a paste). You could also use a food processor.

From: <http://www.bitesoutoflife.com/2010/07/30/a-smashing-chickpea-and-olive-salad/>