

Mango Salsa/Salad | bites out of life

Recipe from Nila Natarajan

- 3 mangos, diced
- 3 ears fresh corn, boiled with the kernels cut off (a 15-ounce can or equal amount frozen works too)
- 15-ounce can black beans, rinsed and drained
- 3 tablespoons cilantro, chopped
- juice from one lemon (or a lime)
- 1 teaspoon cumin
- 1/2 teaspoon crushed red pepper flakes
- salt and pepper, to taste



1) Mix all of the ingredients well. Add salt and pepper (and an optional diced red onion).

From: <http://www.bitesoutoflife.com/2010/08/18/mango-sal-salad/>